

GROUP FITNESS

TIMETABLE

Effective 26th February

TIME	MON	TUES	WED
4:00pm	 HIIT ⁴⁵	CARDIO BUZZ ⁴⁵	 TONE ⁴⁵
5:00pm	 TONE ³⁰	ATB ⁴⁵	 HIIT ⁴⁵
5:30pm	 PILATES ³⁰		
6:00pm		 BOOT CAMP ⁴⁵	 CROSS PUNCH ⁴⁵
6:15pm	 CROSS PUNCH ⁴⁵		

Burnie Centre Staffed Hours

Monday	3:30pm - 7:30pm
Tuesday	3:30pm - 7:30pm
Wednesday	3:30pm - 7:30pm
Public Holidays	Not staffed

For all Unigym enquiries outside of these hours, please speak with reception staff at student services: 6430 4999

*Please note that the figure in the right hand corner of the class box indicates length of class in minutes

Please show your support for your favourite classes by attending regularly as those that consistently have low participation (<10 people) will be reconsidered for inclusion in future timetables.



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